

BariCare

CME on Bariatric Nutrition

Overcoming Nutritional Challenges in Bariatric Care



Saturday,
1st March
2025



09:00 AM to
4:00 PM



Conference Room,
Manipal Hospital
Dwarka, Sector 6

Organised by

**Manipal Hospital Dwarka, New Delhi
Foundation for Obesity Research
& Metabolic Surgery (FORMS) in Collaboration with
the Indian Dietetic Association IDA Delhi Chapter**





09:30 AM -
10:00 AM



Registration &
Welcome Address

Speaker: Dr. Swapna Saha - Surgeon, Manipal Hospital

10:00 AM -
10:30 AM



Keynote Address

Beyond Weight Loss: Overview of Bariatric Surgery

Speaker:

Dr. Sandeep Agarwal - Surgeon, Manipal Hospital

10:30 AM -
11:15 AM



Session I:

Nutrition Red Flags – When to Escalate Care

(12 minutes Presentation, 3 minutes – Q&A)

Chairpersons:

Ms. Anita Jatana, Ms. Parmeet Kaur

10:30 AM -
10:45 AM



Topic: The Pre-Op Puzzle: Solving Nutritional and Behavioral Challenges

Speaker: Ms. Ashish Rani - HOD, SGT Medical College

10:45 AM -
11:00 AM



Topic: Hydration Challenges and Electrolyte Balance Post-Surgery

Speaker: Dr. Richa Jaiswal - RD, AIIMS Delhi

11:00 AM -
11:15 AM



Topic: The Metabolic Impact of Bariatric Surgery

Speaker: Dr. Sandeep Agarwal - Surgeon, Manipal Hospital

11:15 PM -
11:45 PM



TEA BREAK





11:45 AM -
12:30 PM



Session II: Metabolic Health After MBS – Supporting Vulnerable Groups.

12 minutes – Presentation, 3 minutes – Q&A)

Chairpersons:

(Lt Col) Dr. Leena N. Sreedhar, Ms. Veenu Seth,
Ms. Rekha Sharma

11:45 AM -
12:00 PM



Topic: Bariatric surgery and fertility : What you need to know before, during and after pregnancy

Speaker: Dr Aditya Baksi - Surgeon, AIIMS, New Delhi

12:00 PM -
12:15 PM



Topic: Eating for Two: Nutritional Challenges After Bariatric Surgery in Pregnancy

Speaker: Ms. Vasundhara Bengani - Bariatric Educator

12:15 PM -
12:30 PM



Topic: Adjusting Diets for Older Adults Undergoing Bariatric Surgery

Speaker: Ms. Nishita Kundu - Medanta Hospital

12:30 PM -
12:40 PM



Quiz and Prizes

Ms. Vaishali Verma, Ms. Vasundhara Bengani, Ms. Satuti Paul

12:40 PM -
01:40 PM



LUNCH BREAK





01:40 PM -
01:50 PM



LAMP LIGHTING

01:50 PM -
02:50 PM



Session III: Taming the Tides

(12 minutes – Presentation, 3 minutes – Q&A)

Chairpersons:

Dr. Sandeep Agarwal, Ms. Anita Jatana, Ms. Parmeet Kaur, Ms. Richa Jaiswal

01:50 PM -
02:05 PM



Topic: How to Prevent and Manage Hypoglycemia and Dumping Post-Bariatric Surgery? (Case Presentation)

Speaker: Ms. Nidhi Singh - Senior Clinical Nutritionist & Bariatric Educator, Max Hospital Dwarka

02:05 PM -
02:20 PM



Topic: CKD and Bariatric: Nutritional Management Post-Bariatric Surgery (Case Presentation)

Speaker: Ms. Vaishali Verma - HOD, Manipal Hospital Dwarka

02:20 PM -
02:35 PM



Topic: Alcohol and Post-Surgery Complications: What Bariatric Patients Need to Know (Case Presentation)

Speaker: Ms. Deeba Siddiquie - Bariatric Educator

02:35 PM -
02:50 PM



Topic: Dietary Management of Sarcopenia to Improve Bariatric Surgery Outcomes in Patients with NAFLD/Advanced Liver Fibrosis

Speaker: Dr. Neha Bakshi - Medical Educator, AIIMS Delhi

02:50 PM -
03:50 PM



Session IV: Triumph to Setback – The Double-Edged Sword of Post-Bariatric Surgery

(12 minutes – Presentation, 3 minutes – Q&A)

Chairpersons:

Dr. Sandeep Agarwal, Ms. Rekha Sharma, Ms. Veenu Seth

02:50 PM -
03:05 PM



Topic: Malabsorption Mysteries: Decode to Recode – A Post-Bariatric Guide

Speaker: Dr. Sarfaraz Baig - Surgeon, CMRI Hospital Kolkata





03:05 PM -
03:20 PM



Topic: The Weight Regain Dilemma: A Surgical Twist

Speaker: Dr. Sandeep Agarwal - Surgeon, Manipal Hospital

03:20 PM -
03:35 PM



Topic: Impact of Binge Eating Disorder on Weight Loss Following Bariatric Surgery

Speaker: Dr. Vitish Singla - Surgeon, AIIMS

03:35 PM -
03:50 PM



Topic: Nourishing the Failing Liver: Bariatric Nutrition for CLD Patients (Case Presentation)

Speaker: Dr. Richa Jaiswal (RD, AIIMS Delhi)

03:50 PM -
04:00 PM



VOTE OF THANKS

Speaker: Dr. Richa Jaiswal (RD, AIIMS Delhi)

04:00 PM
Onwards



HIGH TEA

BENEFITS OF FORMS MEMBERSHIP

Exclusive opportunities to organise CME's and conferences

Annual recognition for the best research paper with international travel grants.

Global expert network to enhance career growth and opportunities.

Research support and funding for top papers presented abroad.

Educational resources to boost learning and career progression.

Awards & honors for outstanding research contributions.

Membership perks including foreign travel grants for best papers.

Find out more on 1st March!*





Baricare 2025

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